



Members of the Let's Go group had a very interesting tour of Liverpool based, family run, Hayes and Finch. The company manufacture and repair a wide range of religious based products.

A full article and photographs will be in our December magazine, which will also be available online, but in the meantime [take a look at one of their skilled staff making a chalice.](#)

A new exercise group is starting in November. The group will be doing chair based exercises, meeting on Friday afternoons in Ainsdale Methodist Church.



If you are interested in this group, please [visit the group page.](#) Remember you need to be logged in to join the group.

Cake Creations of Wesley Street are putting on 'Cake Decoration Masterclasses' for our members. Places are limited so, if you are interested, [hurry over to the event page](#) to register.



Here are the videos which our recent speaker from NWAA was unable to show during his talk:

- [About NWAA](#)
- [Henry's Story](#)

## Let's Go!

The Hayes and Finch factory tour was the last official event of the Let's Go group, following Jacky Carter stepping down. It is therefore fitting that we pay tribute in this newsletter, to the work put in over the years, by Jacky, Shirley and all of the various event organisers.

There have been many excellent and varied events, enjoyed by hundreds of Southport u3a members. The group has been a credit to all the people who have contributed their time.

Let's Go may be no longer, but the concept will live on in one form or another, so watch this space.

One of Dr Michael Mosley's 'Just One Thing' series about improving your health and well-being, currently being aired on BBC Radio 4, explores the huge benefits of engaging in Pilates exercise.

If you wish to find out for yourself, there are places available at [Pilates 3](#) on Thursdays at 2.15pm, St John Church Ainsdale.



### The Joy of Writing group has news!

During the summer the Atkinson and The Arts Society ran a writing competition called Inspirations, based on several original paintings in the Gallery.

The Joy of Writing group had three prize winners in the event, having submitted stories or poems that were inspired by the stories portrayed in the paintings. Their work can be read on the [Atkinson website](#)



# VEOLIA RECYCLING CENTRE VISIT

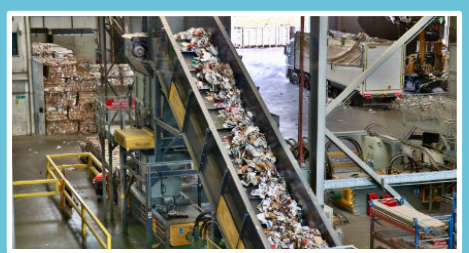
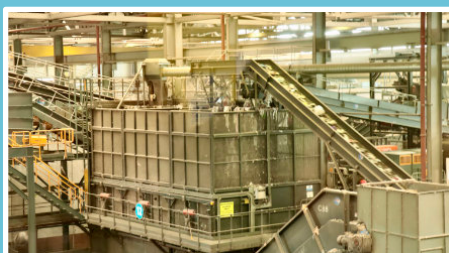
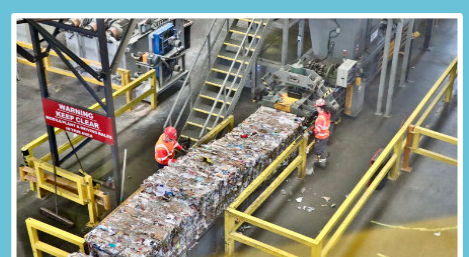
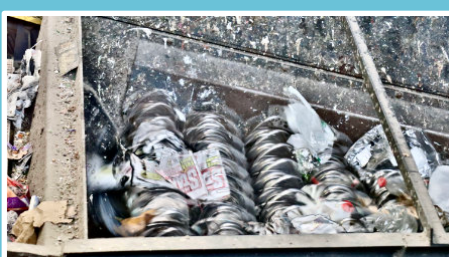
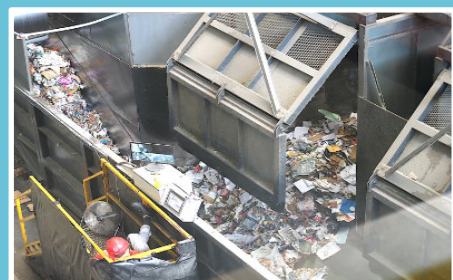
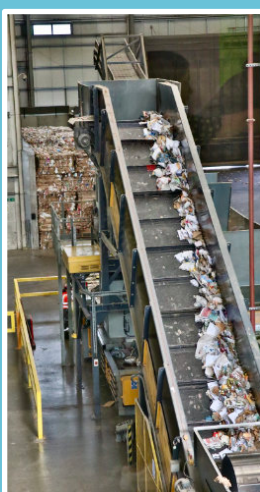
Nearly 30 members descended on the Veolia Discovery Centre in Gillmoss, Fazakerley, to find out all about how our domestic waste is recycled.

It proved to be an eye opener for us all. Gone are the days of muddy welly boots and getting run over by dump trucks. Instead we entered a high tech, purpose built facility and we were able to witness the whole - highly automated - process from the warmth of an enclosed walkway that ran all the way round the facility enclosed in glass.

First of all a lovely young lady called Rose took us through an AV presentation of the process in a purpose built facility, which was obviously used a lot for groups of school children, and then she answered a barrage of questions from us, in all aspects of recycling and waste, including even updating us on the legislation currently being introduced.

Then it was on to see the operation itself. From the balcony we were also able to view on monitors the inner workings of the plant even though much of it was obscured. They had certainly thought out how to present their operation to the public in a very comprehensive way.

Thanks go to David and Margaret Waugh for organising it.



# HOW WELL DO YOU KNOW YOUR RECYCLING??

A group of members descended on the Gillmoss Discovery Centre this month to learn all about how our waste is recycled. (See the report elsewhere in this newsletter). It was a real education for most of us, so we thought you might like to test your knowledge of recycling in this month's quiz!! Just add a **YES/NO** to each statement



## YES OR NO???

- 1 Lids and caps should stay on plastic bottles and glass jars
- 2 Squash plastic bottles to save space
- 3 Remove plastic windows from envelopes
- 4 Food cans should be rinsed
- 5 Put loose metal lids inside cans
- 6 Put your recycling items in a plastic bag
- 7 Put shredded paper in the recycling bin



## Metal - YES or NO

- 1 Drinks cans
- 2 Metal containers for chemicals
- 3 Aluminium foil
- 4 Food tins
- 5 Take away foil trays
- 6 Biscuit/Chocolate tins

## Glass Packaging - YES or NO

- 1 Coloured wine bottles
- 2 Microwave plates
- 3 Nail varnish bottles
- 4 Drinking Glasses
- 5 Perfume, aftershave, face cream bottles

## Paper and card - YES or NO

- 1 Wallpaper and decoration paper
- 2 Telephone Directories
- 3 Envelopes (including window)
- 4 Used paper towels
- 5 Post-it notes, sticky labels
- 6 Computer paper, letters
- 7 Cardboard boxes
- 8 Greeting cards with glitter
- 9 Pizza boxes
- 10 Magazines and brochures
- 11 Food and drink cartons

## Plastics - YES or NO

- 1 Detergent and Soap bottles
- 2 Plastic pots/Yogurt pots
- 3 Fizzy drinks bottles
- 4 Milk Bottles
- 5 Carrier bags/Bread wrappers
- 6 Plant pots
- 7 Skin care bottles
- 8 Laminated pouches
- 9 Paint pots
- 10 Take away trays



# LOCAL HISTORY 1 VISITS LANCASHIRE INFANTRY MUSEUM

learn,  
laugh,  
live



Local History 1 visited one of the North West's hidden gems – the Lancashire Infantry Museum at Fulwood Barracks, Preston.

We enjoyed a warm welcome and a fascinating talk by the curator, Colonel Mike

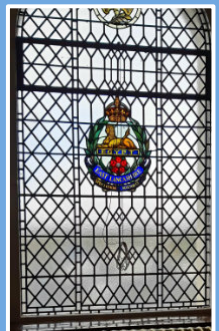
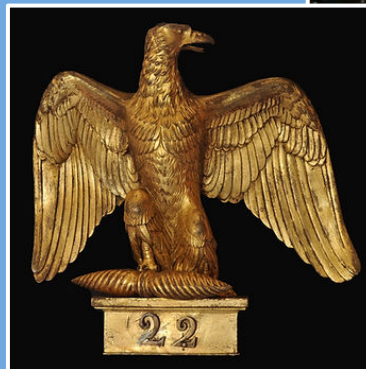
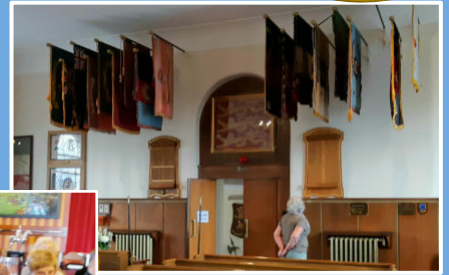
Glover. The modern day incumbent of Fulwood Barracks is the Duke of Lancaster's Regiment. We learnt that whilst the barracks have been at Fulwood for 400 years, the site's military connections date back to Roman times; the barracks sit on the line of the old 'Watling Street' Roman road. There have been reputed ghostly sightings of Centurions marching along the line of the old Roman road (which runs through the barrack's parade ground)!

Fulwood museum has one of the largest and most important collections of historical regimental infantry documents and artefacts in the country. Mike showed us one of the rarest and most beautiful items in their Collection, the 'Salamanca Eagle' (designated by the Home Office as a National Treasure), captured during the Napoleonic Wars from one of the French imperial regiments at the Battle of Salamanca.

Our tour included the 'Waterloo' Room (showcasing regimental artefacts from the 17<sup>th</sup>-18<sup>th</sup> centuries); the 'Somme' Room (housing a very fine collection of artefacts from World Wars I and II and more recent conflicts); the regimental council chamber and chapel.

The 'Colours' (flags) of the Duke of Lancaster's antecedent Lancashire regiments and battalions adorn the Chapel, which also has lovely, stained glass windows depicting emblems of the Lancashire regiments.

Our group enjoyed a really interesting afternoon at the Lancashire Infantry Museum and it is very well worth a visit.





Linda and Phil Watling, invited their Modern Movie group to the Vue Cinema to watch 'A Haunting in Venice', a film based loosely on the Agatha Christie Novel 'Halloween Party'. Most of us hadn't read the reviews & settled down for a nice cosy Murder Mystery which included Hercule Poirot.

Set in a formidable gothic palazzo, lit only by candlelight and on Halloween of course. It commenced with a Halloween party for the local orphans of Venice all dressed in ghoulish costumes and supervised by some very cheery nuns who should have known better. The kids started off with a spine chilling animation of orphans dying of the plague, followed by an eerie Halloween party with lots of screaming in the dark until the genial nuns took them back to the orphanage. The poor kids probably had nightmares till Christmas!

At midnight there was a séance to contact the dead daughter of the Host. Poirot was there to denounce all this as supernatural phenomena claptrap. This film did not stint on thriller chiller suspense, lots of spooky goings-on, the storm raged, doors slammed, a rather nice chandelier crashed from the ceiling, the Medium later fell from a balcony to be impaled on a statue. A chap committed hara-kiri in the Music Room and as the storm crashed on Poirot finally worked it all out. Of course it included blackmail, & announced the murderer who promptly ran to the top of the building, and flung himself off into the tempestuous waters of the canal and expired. Next day the sun shone and it did have a happy ending despite the three corpses who were taken away by the Venice police on a barge. Thank you Linda and Phil for an exciting afternoon.



## SOUTHPORT U3A JAZZ GROUP AT THE BIJOU CINEMA, POST OFFICE AVENUE, SOUTHPORT PR8 1JP

(Just off Lord St close to Sainsburys, all main bus routes and Southport station)

By agreement with manager Andy Harrison, our 7th gig at the Bijou Cinema



**1951 MGM Film "American In Paris" plus the ENRICO TOMASSO QUARTET**  
on **MONDAY 8th JANUARY 2024 - Doors 3.30 pm - ends 9.30 pm - maximum 65 attendees**

THE FILM SHOWING starts at 4.0 pm in the movie theatre



DIRECTED BY VINCENTI MINNELLI  
STORY & SCREENPLAY BY ALAN J LERNER  
MUSIC BY GEORGE & IRA GERSHWIN  
JOHNNY GREEN & SAUL CHAPLIN  
INCLUDING  
"I GOT RHYTHM"  
"S'WONDERFUL"  
"OUR LOVE IS HERE TO STAY"  
"I'LL BUILD A STAIRWAY TO PARADISE"

It was a time of Pax Americana, post WWII when an American could show up in Paris and win the best girl to him on the planet and then dance and dance and dance. Is there anything more magical than the extended dance scenes that simply are no longer made like this today. There was no darkness, there were fabulous costumes, each dancer was beautifully taken care of, everyone was valued. And let's face it, Gene Kelly looked out of this world. In perfect shape, sure a bit full of himself but after all it was Hollywood at it's height.  
ROBERT GREENFIELD 2023

MEAL 6.30 pm  
prepared and served by



MENU DETAILS TO FOLLOW

TICKETS £40 EACH (includes the meal)

Pre booking essential. To reserve by phone Geoff Matthews on 01704 643835.  
By Post—Cheques payable 'Southport U3A' + SAE to 1A Crosby Rd, Birkdale PR8 4SU.  
Or buy tickets at the Southport U3A Jazz Desk meetings at Christchurch starting OCT, 5th  
Or pay on line by card or Paypal via our website .

THE LIVE JAZZ from 7 - 9.30 pm  
in the Bijou Lounge

ENRICO TOMASSO (trumpet)  
ANDRZEJ BARANEK keyboard  
ANTHONY ORMESHER guitar  
ERYL ROBERTS drums



Enrico Tomasso is 7 times winner of the UK JAZZ AWARDS (trumpet). Inspired by Louis Armstrong's trumpet sound and style he met Louis as a boy (top right) on one of his UK tours. Enrico is a very versatile player, but best known and loved for his interpretation of the Armstrong repertoire which will form the basis of this gig, along with tunes from "American In Paris." Trad fans will love this

THE VENUE



Under the direction of the late Michael Lockwood, the building, formerly 'The Latin Lounge' has undergone a major 2 year project to convert to a 70 seat community cinema and a comfortable upstairs entertainment lounge bar, plus an excellent small ground floor bar.

DRINKS

Good selection of bottled craft beers, a choice of reasonably priced wines and spirits, soft drinks and tea/coffee available, all of which can be taken into the cinema. The comfortable seats are equipped with drinks holders.

[www.southportbijoucinema.co.uk](http://www.southportbijoucinema.co.uk)

Karen and Sylvia hosted a very successful Sunday Lunch at "The White House" in Park Road West, which is the old Municipal Golf Clubhouse which had been left derelict for many years and has recently been renovated. Now, it is a very modern, restaurant in which we had our lunch. The food was excellent - and plentiful. The overall environment has flavours of a thirties restaurant. We had a lovely three course lunch and would certainly recommend it to other members. Look out for the next Sunday Lunch in January



## The Gardening Group Have a Cake Fest

The Gardening Group October meeting was a rather special one – it included a McMillan coffee morning and our generous members brought lots and lots of delicious cake, plenty for everyone. We gave some to our delighted speaker Matthew, to the team at the church, sold some for McMillan donations and Judith Foster took a huge box full to the Southport Soup Kitchen, so not a crumb was wasted!! We made a splendid total of £300 in donations for McMillan, thank you everyone.

Our speaker Matthew Smith, was very impressed that we had so much cake at our meeting and despite the sugar rush gave us an excellent talk on tulips and other spring bulbs. He was from the Brighter Blooms nursery in Preston which had won a total of nine gold medals at Chelsea so he knew a thing or two about bulbs. He showed us fabulous pics of the bulb fields in Holland and advised us that the best Tulip bulbs to buy were the old varieties as the tempting fancy new ones were bred for commercial use, to be grown in greenhouses for the lucrative cut flower market. No wonder they disappear after blooming once. We learnt a lot about spring flowering bulbs and it was a really fun meeting, I think we'll be doing it again next year.





# HOW WELL DO YOU KNOW YOUR RECYCLING??

## ANSWERS

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  - 7 Skin care bottles **YES**
  - 8 Laminated pouches **NO**
  - 9 Paint pots **NO**
  - 10 Take away trays **NO**





Our speaker for October was Blue Badge Guide Elaine Allen who gave us the fascinating life history of William Lever, born 1851 in Bolton, and his prodigious ascent from a job in his father's grocery shop to becoming 1<sup>st</sup> Viscount Leverhulme, English industrialist, philanthropist and politician. At a young age he realised the retail potential of soap but dissatisfied with the quality of soap supplies available he began manufacturing his own Sunlight Soap, with his brother James, in a factory in Warrington.



With clever marketing his soap became so successful he needed to expand and in 1887 he bought 56 acres of land on the Wirral in Cheshire. This site became Port Sunlight where he built a new factory and a model village designed to support his workers with a

huge range of facilities, in the belief that good housing would ensure a happy workforce. William was a staunch Congregationalist, tee total, non-smoker and a kind man, he and his wife Mary involved themselves in the village



hosting parties for the children and adults but he had stringent rules, life in Port Sunlight included mandatory participation in activities such as church, Sunday School attendance and further education evening classes.



As Lever Brothers he built a substantial business empire and took over many other well-known brands such as Pears, Lux and Lifebuoy, they were one of the first companies to manufacture soap from vegetable oils and are now part of the Global Giant Unilever.



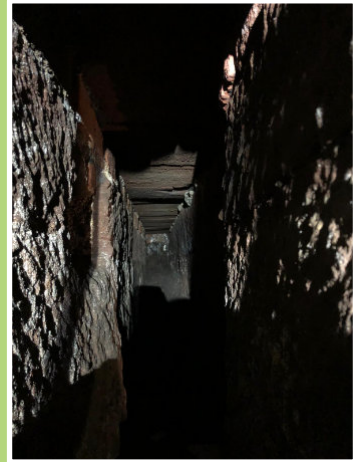
William Lever created Port Sunlight which represents one man's vision to provide industrial workers with decent, sanitary housing in a considered architectural and picturesque form. It is home to more than 900 Grade II listed buildings set in 130 acres of parkland and gardens. More than 30 different architects created the buildings, monuments and memorials that are there today. If you haven't been, it's well worth a visit.





# HISTORY GROUP 2 GO TUNNELING

History Group 2 had a brilliant afternoon at the amazing Williamsons Tunnels in September. No one really knows why they were created under the direction of merchant, landowner and philanthropist Joseph Williamson between 1810 and 1840. The most likely explanation was a desire to create employment for the many unemployed in the Liverpool area. The tunnels themselves are a maze, tunnels on top of each other and parallel to each other. You can clearly see chisel marks and initials on the walls made by the workers. The tunnels gradually fell into disuse and were filled with contents from middens, rubbish and rubble. The Joseph Williamson Society was founded in 1989 and excavations were started on the tunnels. If you take a tour of the tunnels, which is highly recommended, various artefacts, glass, pottery and metal are on display. It truly is a place like no other.



## The Great Escaper

Undaunted by having the pants scared off us by The Haunting in Venice, the plucky Modern Movies Group returned to the Vue to watch The Great Escaper, a very different experience.

Based on the true story of World War II veteran Bernard Johnson, who in 1944, absconds from his care home and under his own steam makes his way to France, to attend the 70<sup>th</sup> anniversary commemoration of the D-Day landings in Normandy. Michael Caine plays the intrepid Bernie, and Glenda Jackson his acerbic but devoted wife Rene. It is bitter sweet, beautifully done, funny, sad and we all bawled our eyes out at the end, what more can you ask of a movie!

Thank you again Linda and Phil.



## MEET AND EAT CHEZ MOI 18 OCTOBER

learn,  
laugh,  
live

On 18 October, the Meet and Eat group had a second visit to Chez Moi on Lord Street, Southport. The 24 of us were welcomed warmly by the owner Salvatori and his staff.

For £22.50 we were all treated to a wonderful three course meal. Starters included mussels from Fleetwood; fresh mushrooms to name just a couple of the items from the first course. Several of the group opted for the 9oz rump steak for a £5 supplement, which came with chips and a peppercorn sauce. You should have seen the size of it. Luckily those who were unable to finish it off were able to take the rest home with them as a treat for the following evening.

Most took the dessert option whilst a few opted for coffee. There were profiteroles, cheesecake, apple pie as well as a wonderful salted-caramel chocolate cake.

As usual the food was very tasty, the staff efficient, interesting company, everyone had a good time. Even the quiz did not get too many complaints. A bit 'thank you' to all of you for arriving on time as well to the staff of Chez Moi for making it a great evening for us all.





learn,  
laugh,  
live



# Festive Quiz



Wednesday 29<sup>th</sup> November 2023  
At:- Fleetwood Hesketh Club  
Fylde Road  
Southport  
PR9 9XH

Arrive 7pm  
for 7.30pm start



Includes:- Hotpot Supper & Raffle

Cash Prizes

Tickets £9

Enrol and pay through Simple Membership  
or contact Neil Mc Millan at the monthly meetings  
Queries to:- [neilmcmillan6@hotmail.com](mailto:neilmcmillan6@hotmail.com)



# Wine 4



## Christmas Tipples



**Venue :-Barnista  
Birkdale**

**Wine Tasting Evening**

**£25**

**Tuesday 21st November 2023**