

Newsletter Aug 2023





There are still some spaces available for our tour of the Hayes and Finch factory, on October 26th.

This was originally a Let's Go trip, but has now been opened up

to all Southport u3a members. You can see details of the event here.

If you would like to go and are already a member of Let's Go, simply log in and then sign up to the event. If you are not a member of Let's Go, please email me at <u>editor@southportu3a.org.uk</u> to let me know and I will add you to the event.

Would you like to have a say in how your u3a is run?



Southport u3a is a thriving organisation,

with lots of enthusiastic members. We are looking for additional members to join our committee and help keep it that way.

If you have a little time to spare and would like to help out, please contact one of the existing committee members, either via the website contact form, by phone (numbers on page 2 of our magazine) or at the monthly meetings



In these days of spam, hacking and phishing, people are naturally becoming wary of opening emails when they are unsure of the content.

Can we therefore ask members, when sending emails, to include 'Southport u3a' or just 'u3a' at the beginning of the subject line.

MACMILLAN CANCER SUPPORT

Supporting Macmillan Coffee Mornings

You've probably seen the adverts on TV for the Macmillan Coffee Mornings campaign. This

spurred the Gardening Group to support this worthy cause because they thought most of us will know of someone who has been affected by cancer. Macmillan nurses and support teams offer

valuable and crucial services to individuals and families who are dealing with this awful disease. Gardening Group meetings always start very sociably with coffee and biscuits, so their October meeting will be different with delicious home-made cakes, lots of laughter and chat, and half the entrance fee will be donated to Macmillan plus any contributions from members. Two of our Yoga Groups will also be having a coffee morning too. It's fun to get together, have a chat, get to know folk better after an activity and Macmillan is a worthy cause to support.

All monies raised through a u3a group must be passed to Pete Lawler (u3a Treasurer). This is straightforward through the group's finance page

as 'other receipts' with a message in the notes text box.

Coffee mornings can be held throughout September and October. If

you are interested, you can find out more from the <u>Macmillan web site</u> which offers free kits and lots of ideas. It's always good to get together, have a chat and laugh, makes the day more special!

COFFEE

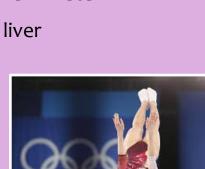
Events Team

Thanks





- 1 Which boy band had a hit in 2011 with 'Glad you Came'
- 2 Located in La Corona, Spain, what name is given to the world's oldest lighthouse
- 3 How many square inches are there in a square meter
- 4 Which capital city was formerly known as Peking
- 5 Can you unscramble the following letters to reveal a type of South American animal that is closely related to the llama: NUGACOA
- 6 Between what years did Margaret Thatcher serve as Prime Minister
- 7 What part of the body holds bile that is produced by the liver
- 8 What is the chemical symbol for Nitrogen
- 9 What is the name of the German man who invented Pilates
- 10 What three colours feature in the flag of Eire
- 11 The filmmakers of which Disney story are said to be inspired by the lives of Joseph and Moses from the bible
- 12 What organ is cardiac muscle tissue found in
- 13 In what year did trampolining become an Olympic sport
- 14 What was the name of the Lane in which the Great Fire of London was said to have started
- 15 What country does the cheese'Brie' originate from
- 16 What is the name of the actor who played 'Ron Weasley' in Harry Potter
- 17 What country is Mount Fuji located in
- 18 What plant is usually found in a classic Mojito Cocktail
- 19 How old was Whitney Houston when she died
- 20 What is the name of the man who invented the computer mouse



















Yes, Brian has pulled the plug on OYZC due to lack of support overall. However they went out with a bang, with a final pottery session at the Creative Clay Pottery in Birkdale and a charcoal and pencil drawing session at Peter Owen's studio.

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Just for members interest, Brian is still happy to run creative sessions individually for members if there is enough interest.







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learn, Iaugh, live

Learn, Laugh, Live

Once again the first night of the Southport Flower Show rocked to the sound of Party in the Park. 150 u3a members and their friends danced the night away in the fabulously decked out VIP Marquee, to the sound of King Pleasure & the Biscuit Boys. Well done Geoff for another great night

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learn, Iaugh, Iive

	GENERAL	learn,
Southport	KNOWLEDGE	QUIZS laugh, live
1 The Wanted	8 N	14 Pudding Lane
2 Tower of Hercules	9 Joseph Pilates	15 France
<mark>3</mark> 1550	10 Green, Orange and	16 Rupert Grint
<mark>4</mark> Beijing	White	17 Japan
5 Guanaco	11 The Lion King	18 Mint
<mark>6</mark> 1979-1990	12 The heart	<mark>19</mark> 48
7 The gallbladder	13 2000	20 Doug Engelbart



Book Group 2 met recently for our "annual" meal which replaces our August meeting. This year we enjoyed our evening at Volare on Lord Street. Instead of discussing our latest book, we email our comments and scores which are then sent out to everyone. Two Booker Prize winning books, "Girl, Woman, Other" by Bernadette Everisto and "Shuggie Bain" by Douglas Stewart have been

amongst this year's choices which have provided interesting discussions as we definitely don't always agree with each others' opinions!

We forgot to take a photo of this year's meal as we were all enjoying ourselves.

Catherine McNair (Group Leader)

So what else happened this month?

It may be summer (so I'm told), but Southport u3a doesn't stop for the holidays.

Local History held an impromptu <u>picnic in Hesketh Park</u>.

The Coach Trips group <u>ran a field test of their waterproof clothing</u> in the Lake District. See the feature in our magazine.

We had another successful flower show, featuring our Design a Garden competition.

Preparations are underway for '<u>Southport u3as Got Talent</u>' (have you applied yet?)

Rehearsals are coming to a close for the Drama Group's '<u>Trio Of Plays</u>'

And much more.